

BMW
BERLIN
MARATHON
24./25. September 2022

SCC | EVENTS

ABBOTT
WORLD
MARATHON
MAJORS

EVENT INFORMATION



Start-Zielplan



Startblöcke Läufer:innen Start Blocks Runners	
A B C D	9:15
E F	9:35
G	10:05
H	10:30

Startblöcke Skater Start Blocks Skaters	
A	Frauen/Women Speed < 1:20:00 Männer/Men Speed < 1:08:00
B	Fitness < 1:15:00
C	Fitness < 1:26:00
E	Fitness < 1:40:00
D	Fitness < 2:00:00
F	Fitness ≥ 2:00:00 oder erster Marathon Fitness / first Marathon

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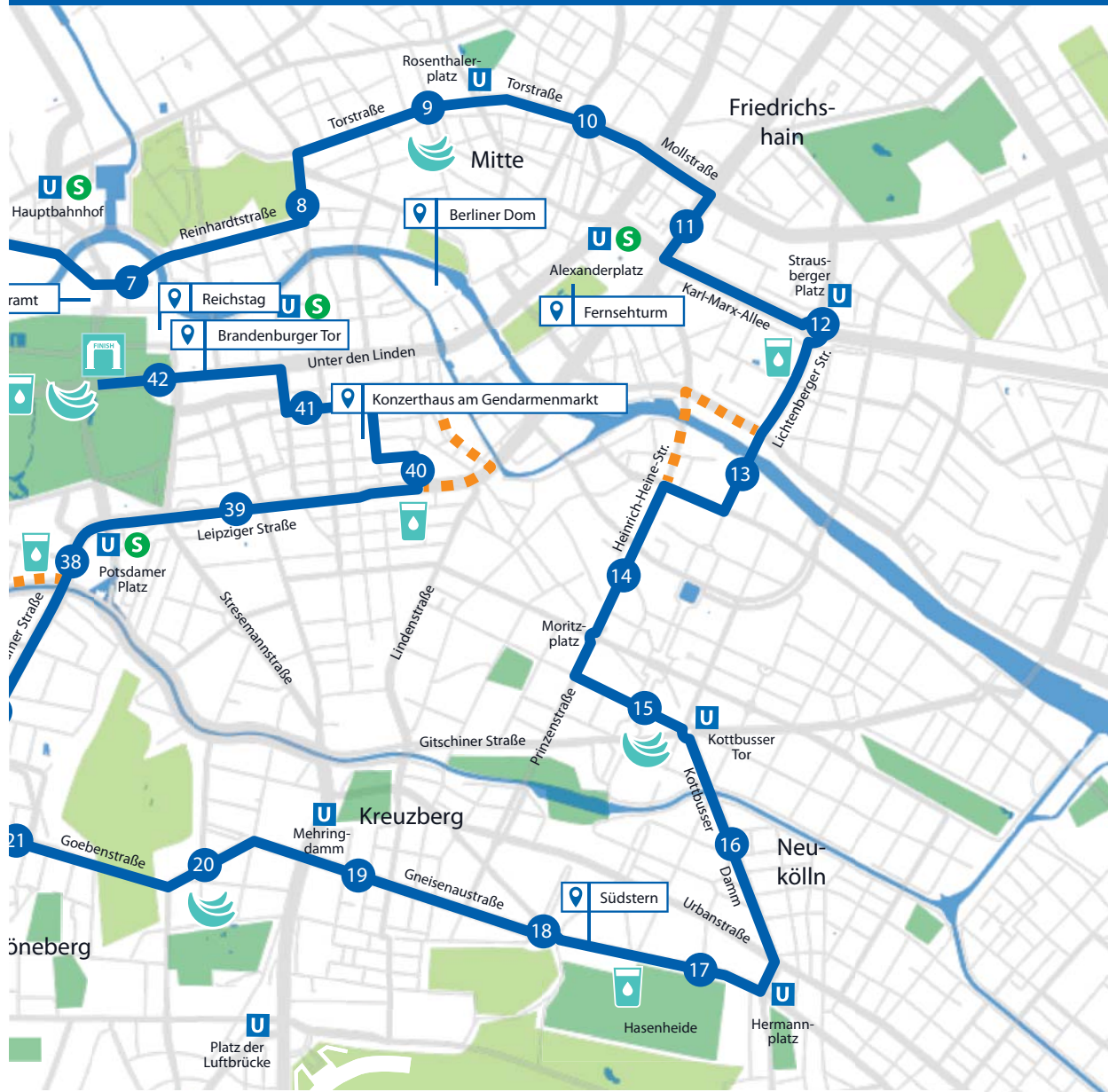
BMW BERLIN-MARATHON 2022



Streckenplan Läufer/Skater



BMW BERLIN-MARATHON 2022



ufer:innen
runners



Wasser
Water

Strecke der Skater
Course of Skaters



Verpflegung: Getränke, Obst und Maurten Drink Mix 160 (Strecke Läufer:innen)
Refreshment: Beverages, Fruits and Maurten Drink Mix 160 (Course Runners)



Maurten Gelzone (Strecke Läufer:innen)



WELCOME TO BERLIN!

It is great to have you with us at the BMW BERLIN-MARATHON 2022. In this brochure we have summarized the most important info about the race weekend for you.

Whether in running shoes, inline skates, with a wheelchair or a handbike – we wish you lots of fun and success at the BMW BERLIN-MARATHON 2022.

Your **SCC** | **EVENTS** Team
#berlinlegend #berlinmarathon

For latest information and answers to frequently asked questions please also take a look at **www.bmw-berlin-marathon.com/en** or in the **BMW BERLIN-MARATHON App**.

IMPRINT

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Status: August 2022 (Subject to change)

PROGRAMME 22. - 25.09.2022

MARATHON EXPO at the former Airport Tempelhof

THU: 2:00 pm – 8:00 pm

FRI: 11:00 am – 8:00 pm

SAT: 9:00 am – 6:30 pm

Hall of Fame at Brandenburg Gate

WED+THU: noon - 7:00 pm | FRI: noon - 9:00 pm

- ▶ FRI: 6:00 pm - 7:00 pm: Meet the Legends -> Introducing the top athletes before the race

SAT: 10:00 am - 8:00 pm | SUN: 8:00 am - 5:00 pm

GENERALI Breakfast Run appr. 6 km on the tarmac in front of the MARATHON EXPO

SAT: Start at 8:30 am

- ▶ for all participants of the BMW BERLIN-MARATHON
- ▶ free of charge & no registration required

EVENTS FOR KIDS on 24.09.2022

Bambini run: 500 -1000 m at the tarmac in front of the MARATHON EXPO

SAT: Start at 11:00 am

Kids Skating: 200 - 2000 m at Brandenburg Gate

SAT: Start at 11:30 am

mini-MARATHON: 4,2195 km Potsdamer Str. to Straße des 17. Juni

SAT: Start at 3:10 pm

MARATHON EXPO & RACE MATERIAL PICK-UP



Thursday,	September 22,	2-8 p.m.
Friday,	September 23,	11-8 p.m.
Saturday,	September 24,	9-6.30 p.m.

Flughafen

Tempelhof



Flughafen Tempelhof
Platz der Luftbrücke 5
12101 Berlin

Getting there: Please use public transportation

→ you have received a ticket by email, valid from 22.-25.09. in fare zone ABC

Nearby stations:

- ▶ Platz der Luftbrücke: U6 / Bus 104, 108

Entrance to the EXPO:

- ▶ your start card = your entry ticket
- ▶ free admission for accompanying persons
- ▶ allowed bag size max. 55x40x25 cm (equals hand luggage size)
- ▶ larger bags can be stored in front of the entrance for a fee of 2 €

Offering:

- ▶ many exhibitors from the areas of endurance sports, health, sports travel and more
- ▶ BMW BERLIN-MARATHON Collection
- ▶ our multilingual Medical Team offers office hours for health questions and medical emergencies
- ▶ Pastalounge: italien pasta buffet at the showroom in hangar 5
 - VIP guest list for participants with pre-ordered buffet
 - upon availability on site booking possible
- ▶ Massages: booked with your registration + appointment reserved via your user account
 - upon availability on site booking for 15 € possible

Race material:

You'll receive your race material only at the MARATHON EXPO and only personally upon presentation of your start card and ID.

You'll get:

- ▶ athletes wristband → will be put on you at the entrance and may not be taken off until the finish on race day
- ▶ personal bib number → may not be altered in any way or transferred to another person

Optional, if booked with your registration:

- ▶ clothing bag (can not be rebooked)
- ▶ rental chip for timekeeping → if you own a ChampionChip please bring it with you
- ▶ pre-ordered items from the event collection or bib number magnets → corresponding print on your bib number

There are often long lines on Saturday. Pick up your race material on Thursday or Friday if possible.

IMPORTANT INFO

Hotline for general questions: +49 30 – 30 12 88 10

Thu: 9:30 am – 8:00 pm | Fri: 11:00 am – 8:00 pm

Sat: 9:00 am – 7:00 pm | Sun: 7:00 am – 4:30 pm

For you on site on the day of the event

- ▶ **Support team** booth in the Scheidemannstraße
- ▶ **First aid** will be made available by our medical team, doctors on bikes, additional medical aid organizations, patrols of the Berlin fire department in the start / finish area and along the course

Missing Person Hotline: +49 30 138 82 72 67

If you are looking for participants after the race and you are worried about their whereabouts, please contact us on Sunday until 5:15 pm with exact details of the person and their bib number.

Emergency contact:

For your own safety and to assure prompt assistance please provide a contact person including a phone number in your user account and on the back of your bib number. Only this person may be given information in an emergency.

Emergencies: 112 (Fire department), Keyword MARATHON

DISCIPLINES & STARTING TIMES


SATURDAY: Start at Straße des 17. Juni


- ▶ **3:30 pm Inline Skating**

SUNDAY: Start at Straße des 17. Juni

- ▶ **8:50 am Handbiker** (Top athletes)
- ▶ **8:56 am Wheelchair competitors**
- ▶ **8:59 am Handbiker**
- ▶ **from 9:15 Uhr Run** in 4 waves
9:15 am (block A-D) / 9:35 am (block E+F) /
10:05 am (block G) / 10:30 am (block H)

Sunday live on TV:

- ▶  **Das Erste** 9:00 am - 12:00 am

- ▶  **rbb**[®] FERNSEHEN 9:00 am - 2:00 pm

BMW BERLIN-MARATHON App:

- ▶ **Tracking:** save favorites and track up to 10 participants via live tracking and live ranking
- ▶ Log in with your registration ID with format SC:XXXX from your start card



BEFORE THE START

Getting there: Please use public transportation -> your bib number is valid for public transport in fare zone ABC

Nearby stations:

- ▶ Hauptbahnhof: RE / S3, S5, S7, S9, S45 / U55
- ▶ Friedrichstraße: RE / S1, S2, S3, S5, S7, S9, S25, S26 / U6
- ▶ Brandenburger Tor: S1, S2, S25, S26 / U5

Arrive well in advance – be at the start area at least 60 minutes before your starting time.

Entrance to the start area

- ▶ SAT for skaters: from 1:30 pm
- ▶ SUN for runners, handbikers and wheelchair athletes: from 7:00 am

For security reasons only participants with official bib number and athletes wristband are allowed on the event site. Accompanying persons will not be admitted.

This is what you must have with you:

- ▶ your personal **bib number**: attached clearly visible on the chest
-> bib numbers are not transferable
- ▶ official **athletes wristband** of the event, which you have received at the MARATHON EXPO
- ▶ **ChampionChip** for timekeeping: securely fastened to your shoe or skate
-> do not tie with metal
-> be sure to wear it below the knee
- ▶ **Helmet** -> For skater, wheelchair athlete or handbiker, helmets are **mandatory!** Further protective clothing is recommended.

In the start area you will find changing tents and toilets (see map). There will be no warming foils spent.

Clothing drop-off: Clothes can only be dropped-off in the official, transparent clothing bag of the BMW BERLIN-MARATHON 2022 -> will be given to you with your race materials if this option has been booked bindingly with your registration. Otherwise, there is no possibility of leaving things with us.

Start:

- ▶ Inline skaters and runners will start in waves, which are divided in starting blocks -> you recognize your allocation by the letter on your bib number (changes are not possible)
- ▶ Wheelchair athletes and handbikers will be assigned to their starting places at 8:30 am
- ▶ time measurement will be switched off approx. 15 minutes after the last start -> **a late start is not possible**
- ▶ **Pacer** for runners' target times: 3:00h, 3:15h, 3:30h, 3:45h, 4:00h, 4:15h, 4:30h, 5:00h

ON THE COURSE

Not permitted are:

- ▶ accompanying vehicles of any kind
- ▶ strollers or baby joggers, skateboards or other rolling devices (except handbikes and wheelchairs)
- ▶ Selfie-sticks
- ▶ animals
- ▶ Headphones -> We would like to point out that the international organization World Athletics prohibits wearing headphones during athletics competitions.

Passing: Please watch out for fellow participants when you change lanes or approach a refreshment point.

Refreshments:

- ▶ skaters will receive a bottle during the MARATHON EXPO at the Inline-Village -> bring it filled on race day, it can be refilled at KM 20, 30 and 36
- ▶ Refreshment points along the running course are marked in the course map
- ▶ **Help us to recycle and throw your cup into the containers at the end of the refreshment point.**
- ▶ refill-stations for hydration systems -> allowed are backpacks, vests, belts with max. 3L volume

Start drinking early, especially in warm weather.

Detailed information about hydration systems, offered refreshments & possible own refreshments can be found under > Your Race on www.bmw-berlin-marathon.com/en

Timekeeping control points: Timing mats are laid out along the course, all of which must be run over -> missing split times will result in disqualification.

Time limit: 2:30 h for skaters / 6:15 h for runners after crossing the start mat

Cut-off point at KM 38,5 for runners: Participants who have not reached this point by **4:40 pm** will be taken off the race and driven to the finish area.

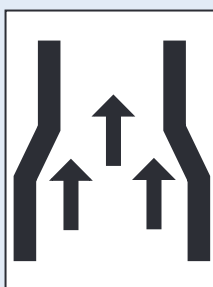
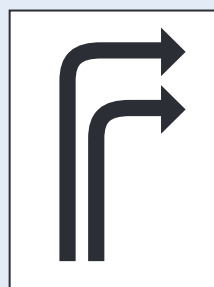
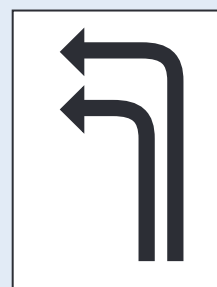
Medical assistance:

- ▶ up until KM 15 mobile units with label DOCTOR or MEDICAL SERVICE
- ▶ from KM 15 to KM 36: every 3 km accident assistance stations (Green Cross / First Aid)
- ▶ from KM 36 to the finish: every 1 km accident assistance stations (Green Cross / First Aid)

The medical staff is authorized and obliged to remove participants with signs of injury and/or overexertion from the race.

SPECIAL NOTES / CONDUCT**For skaters:**

- ▶ stay on the right side and allow faster skaters to pass on the left
- ▶ both arms to the left or right = left or right curve
- ▶ both arms held up = Slow down! Break!
- ▶ one hand down = pothole/manhole etc.
- ▶ arm pointing to the side = skater wants to go out of/into a group

Signs along the course**Attention****Narrowing****Right turn****Left turn**

Dangerous points:

- ▶ **KM 6:** Passage through construction site, detour by right turn, crossing road tracks
- ▶ **KM 8:** Passage through construction site, detour by right turn, narrowing lane
This area has been declared a neutral zone, i.e. there is an absolute ban on overtaking here!
- ▶ **KM 15:** very bumpy road

For handbikers & wheelchair athletes:

- ▶ own lead vehicle
- ▶ yellow flag = dangerous points
 - ▶ tram tracks at KM 8 -> be careful!
- ▶ refrain from sprints on the finish line & drive through the left finish gate when your finish time is over 2:00h

AFTER THE FINISH LINE

You will get:

- ▶ your medal
- ▶ refreshments with drinks and fruits
- ▶ your poncho, if it was booked with your registration
-> your bib number shows a corresponding symbol
- ▶ OR: your clothing bag on presentation of your bib number
-> Skaters: pick up on Saturday until 7:00 pm
-> Runners: pick up on Sunday until 5:30 pm
- ▶ if needed: warming foil -> return the foil to a volunteer after use to help us recycle

Results:

**You will find your result and certificate online at <https://www.bmw-berlin-marathon.com> resp. <https://skating.bmw-berlin-marathon.com/en>
> Your Race > Results**

- ▶ Skaters are ranked in the categories “speed” and “fitness” according to gross time only (chronometry from shot to crossing of the finish line). For “fitness” the net time will additionally be shown in the results list.

In the finish area you will find showers & changing tents (unguarded) and a free massage service (see map).

Remember to return the rented ChampionChip before you leave the event site.

Medal engraving: booth in the Scheidemannstraße

- ▶ pre-booking is noted on your bib number
- ▶ booking on site is possible for 12 € in cash

Meeting point: in front of Paul-Löbe-Haus

- ▶ Signs with letter A to Z -> agree to meet there with your friends and family

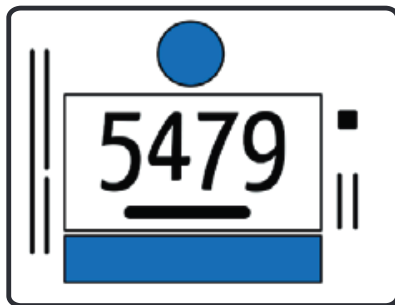
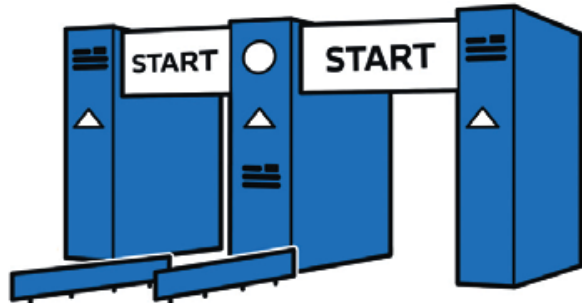
On Monday, September 26, 2022, the newspaper Der Tagesspiegel will publish a special insert with an alphabetical results list of all finishers.



Was brauche ich am Renntag

What I need on race day

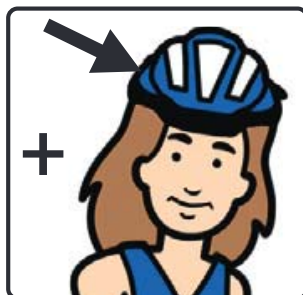
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Skater,
Handbiker,
Wheelchair
athletes

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